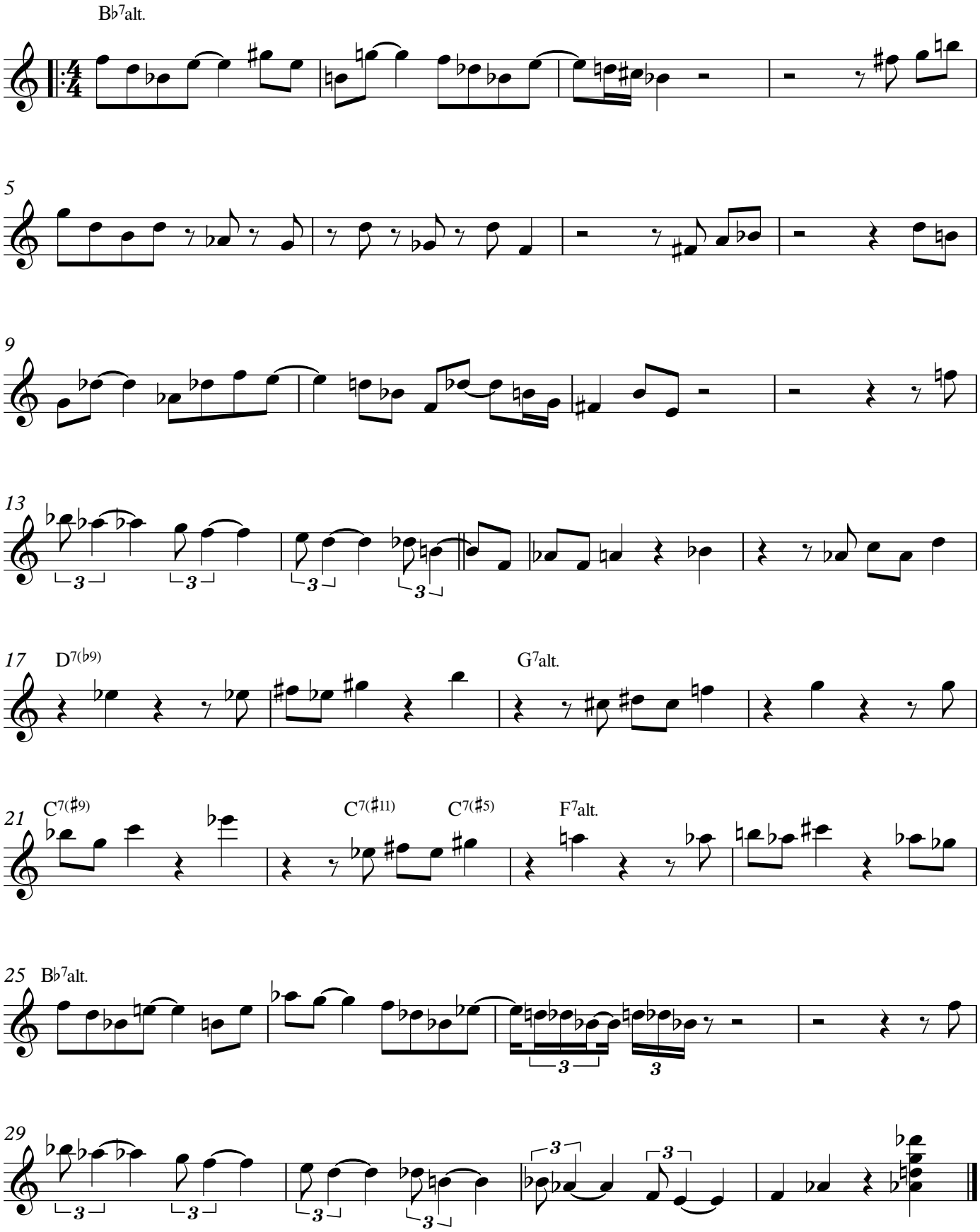Rhythm Changed